

THE PROBLEM: Protein powders that are low in quality, contain fat-inducing maltodextrin, taste horrible, require a blender to mix properly and contain only one very fast-acting protein. No doubt that most of these products are cheap, but who wants to gag something down day after day that's neither convenient nor beneficial?

THE SOLUTION: Matrix® protein powders. Staying away from cheap, inferior protein sources, such as denatured sodium and calcium caseinate, Matrix® uses only the highest-quality ingredients, such as ultrafiltered whey protein, ultrafiltered micellar casein, native egg white protein and glutamine peptides. The costs are much higher, but the rewards are significant. These proteins not only taste great, but they are unmatched in their ability to improve overall health as well as build critical bodily tissues and processes.

To make Matrix® the best product in the industry, we knew that its taste had to be number one. After countless trials, we arrived at several delicious flavors that are pure ecstasy to consume...the

Completing our solution to the problem, Matrix® is thoroughly instantized so that every scoop dissolves perfectly in your favorite beverage. No more disgusting clumps or blenders that dirty your kitchen...with Matrix®, you only need a spoon!

## **Nutrition Facts** 76 servings per container

Serving size 1 Level Scoop (30g)

## Amount Per Serving 110 Calories

	% Daily Val
Total Fat 1.5g	2
Saturated Fat 0.5g	3
Trans Fat 0g	
Cholesterol 50mg	16
Sodium 100mg	PKO4
Total Carbohydrate 2g	1
Dietary Fiber 0g	0
Total Sugars 2g	
Includes 0g Added Sugars	DRO
Protein 23g	7
Vitamin D 0mcg	(
Calcium 210mg	15
Iron 0.4mg	_ DI
Potassium 150mg	F

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Important Amino Acids Per 100 Grams Of Protein		
Arginine•	2.5g	
Glutamine/Glutamic Acid	19 6g	

Arginine+	2.5g
Glutamine/Glutamic Acid•	19.6g
Histidine*	2.1g
soleucine≁∗	5.8g
_eucine&*	10.3g
_ysine*	8.7g
Methionine*	2.2g
Phenylalanine*	3.6g
Threonine∗	6.4g
Tryptophan∗	1.9g
Valine⊕∗	6.0g
+ Essential Amino Acids	1

★ Essential Amino Acids
Ժ Branched-Chain Amino Acids
✦ Important Nonessential Amino Acids

INGREDIENTS: Dairy protein blend (whey protein concentrate\*, micellar casein\* non-dairy protein blend (glutamine peptides, egg white protein\*), natural and artificial flavors, lecithin, salt, acesulfame-K, sucralose.

CONTAINS: Milk, Wheat, Egg, Soy. Produced in a facility that uses peanut products.

Ultrafiltered and undenatured

Ultrafiltered and undenatured

▲ Undenatured

SUGGESTED USE: Based on taste preference, vigorously mix one scoop of Matrix® per 6–10 oz of water or milk for 30–60 seconds. For those with lower protein needs, one half scoop may be consumed with 3–5 oz of water or milk. Note the extra calories when combined with milk. Consume Matrix® two to three times per day to satisfy your protein requirements. Remember, the best times for consuming protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Matrix® mixes instantly with a spoon and

Notice: Use this product as a food supplement only. Do not use for weight reduction.

Manufactured by: SIG∃, Inc. PO Box 1715 Cape Girardeau, MO 63702 USA (866) 333-SI03 (7403) www.syntrax.com Made In the USA

||810007||540597|