THE PROBLEM: Protein powders that are low in quality, contain fat-inducing maltodextrin, taste horrible, require a blender to mix properly and contain only one very fast-acting protein. No doubt that most of these products are cheap, but who wants to gag something down day after day that's neither convenient nor beneficial?

THE SOLUTION: Matrix® protein powders. Taking years to properly formulate, Matrix® solves all of the problems currently afflicting those other low-grade protein powders. Most importantly, we completely stayed away from cheap, inferior protein sources, such as denatured sodium and calcium caseinate. We knew that to be the best, we had to use only the highest-quality protein sources, such as ultrafiltered whey protein, ultrafiltered milk protein, native egg albumin and glutamine peptides. The costs are much higher, but the rewards are significant. These proteins not only taste great, but they are unmatched in their ability to improve overall health as well as build critical bodily tissues and processes.

To make the highest-quality product in the industry, we knew we had to do even more. We decided that we would not settle for anything but the best-tasting protein powder on the market. After countless trials, we arrived at several delicious flavors that are pure ecstasy to consume.

Completing our solution to the problem, Matrix® is thoroughly instantized so that every scoop dissolves perfectly in your favorite beverage. No more disgusting clumps or blenders that dirty your kitchen . . . with Matrix[®], you only need a spoon!

SUGGESTED USE: Vigorously mix one scoop of Matrix® per 8 oz of water or milk for 30-60 seconds. For those with lower protein needs, one half scoop may be consumed with 4 oz of water or milk. Note the extra calories when combined with milk. Consume Matrix® two to three times per day to satisfy your protein requirements. Remember, the best times for consuming protein are immediately upon rising in the morning, after intense physical activity. such as weight training, and prior to sleep. Matrix® mixes instantly with a spoon and tastes great ... GUARANTEED!

Notice: Use this product as a food supplement only. Do not use for weight reduction.





Manufactured for: 5103. Inc. PO Box 1715 Cape Girardeau, MO 637Ø2 USA (866) 333-SIØ3 (74Ø3)

www.syntrax.com

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SUSTAINED-RELEASE PROTEIN

- O Undenatured Whey Protein, Micellar Casein & Egg Albumin
- **O Vital Nutrition for Health & Recovery**
- **Dest-Tasting Protein . . . Guaranteed**
- **O Glutamine Peptides**
- Mixes Instantly

Peanut Butter Cookie

Net Weight: 32.0 oz (2.00 lb) (907 g)

Nutrition Facts

Serving Size: 1 Level Scoop (36g) Servings Per Container: 25

Servings Fer Cont	alliel. 23			
Amount Per Serving				
Calories Calories from F		50 30		
		%	Daily Value*	
Total Fat		3g	5%*	
Saturated Fat		1g	5%*	
Trans Fat		0g		
Cholesterol	25r	ng	8%*	
Sodium	120r	120mg		
Potassium	170r	ng	5%*	
Total Carbohydra	ite	6g	2%*	
Dietary Fiber		1g	2%*	
Sugars		3g		
Protein		3g	46%*	
Vitamin A 0%)	Vitamin	C 0%	
Calcium 8%)	Iron	0%	
Phosphorus 10%)	Magnesi	um 8%	
* Percent Daily Value Your daily values ma your calorie needs:	s are based y be higher Calories:	on a 2,000 or lower de 2,000	calorie diet. pending on 2,500	
Total Fat Sat Fat Cholesterol Sodium Potassium Total Carbohydrate Dietary Fiber Protein	Less than Less than Less than Less than	65g 20g 300mg 2,400mg 3,500mg 300g 25g 50g	80g 25g 300mg 2,400mg 3,500mg 375g 30g 65g	

Carbohydrate 4 • Protein

Important Amino Acids Per 100 Grams Of Protein

Arginine●	2.5g
Glutamine●	8.4g
Histidine*	2.1g
Isoleucine‡*	5.8g
Leucine‡*	10.3g
Lysine*	8.7g
Methionine*	2.2g
Phenylalanine*	3.6g
Threonine*	6.4g
Tryptophan*	1.9g
Valine‡*	6.0g

- Essential Amino Acids
- # Branched-Chain Amino Acids
- Important Nonessential Amino Acids

This product is packed I weight, not volume. Some settling may have occurred during transportation. Keep out of direct sunlight and store in a cool, dark place.

INGREDIENTS: Dairy protein blend (whey protein concentrate*, milk protein concentrate*), non-dairy protein blend (hydrolyzed wheat gluten*, egg albumin*), peanut flour, cookie pieces (enriched flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], sugar, dextrose, high oleic safflower oil, whey, natural butter vanilla flavor, salt, sodium bicarbonate), natural and artificial flavors, lecithin (sov), salt, acesulfame-K, sucralose,

Promina™ brand: ultrafiltered and undenatured

Calories per gram:

- Source of glutamine peptides
 - Undenatured
- Ultrafiltered and undenatured: includes micellar casei