es•sence ('esəns), n.: that quality which constitutes or marks the true nature of anything.

What qualities mark the true nature of a perfect protein powder? We asked this question when developing Essence™. We realized rather quickly that run-of-the-mill protein powders could never measure up to the true nature of a perfect protein powder. Those "ordinary" protein powders contain only one source of low-quality protein, clump when stirred into liquid, contain a ton of fat and sugar, taste terrible and produce a chalky or gritty mouthfeel. On the other hand, the qualities of a perfect protein powder are instant and complete spoon mixability in liquid, a combination of several high-quality protein isolates, zero sugar, zero fat, and a taste and mouthfeel which can only be described as heavenly.

Focusing on each of these characteristics, we developed a protein powder that has all of the qualities that mark the true nature of a perfect protein powder. The name of this protein powder is none other than ESSENCE™!

SUGGESTED USE: Mix one scoop of Essence™ per 8 oz of water or milk. For those with lower protein needs, one half scoop may be consumed with 4 oz of water or milk. Note the extra calories when combined with milk. Consume Essence™ two to three times per day to satisfy your protein requirements. Remember, the best times for supplementing protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Essence™ mixes instantly with a spoon and tastes great GUARANTEED!

Notice: Use this product as a food supplement only. Do not use for weight reduction.





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Manufactured for:



Serving Size: 1 Level Scoop (27g)

ISOLATED PROTEIN BLEND

Mixes Instantly Zero Sugar; Zero Fat Contains Promina™ Whey Isolate Best-Tasting Protein On The Market Contains Slow-Release Micellar Casein

VANILLA ESSENCE Net Weight: 32.0 oz (2.00 lb) (907 g)

Nutrition Facts

Servings Per Container: 34

Amount Per Serving			
Calories	100		
Calories from Fa			
	9/	6 Daily Value*	
Total Fat	0g	0%*	
Saturated Fat	0g	0%*	
Trans Fat	0g		
Cholesterol	0mg	0%*	
Sodium	140mg	6%*	
Potassium	200mg	6%*	
Total Carbohydrate	e 1g	0%*	
Dietary Fiber	0g	0%*	
Sugars	0g		
Protein	23g	46%*	
Vitamin A 0%	Vitamin	C 0%	
Calcium 10%	Iron	0%	
Phosphorus 15%	Magnes		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
(Calories: 2,000	2,500	
Sat Fat L Cholesterol L	ess than ess than ess than ess than ess than 300mg 2,400mg 3,500mg 300g 25g 50g	80g 25g 300mg 2,400mg 3,500mg 375g 30g 65g	

Carbohydrate 4

Important Amino Acids Per 100 Grams Of Protein

Arginine●	3.6g
Glutamine●	9.3g
Histidine*	2.2g
Isoleucine‡*	5.5g
Leucine‡*	10.0g
Lysine*	9.3g
Methionine*	1.8g
Phenylalanine*	3.8g
Threonine*	6.2g
Tryptophan*	1.9g
Valine‡*	5.5g

- * Essential Amino Acids
- ‡ Branched-Chain Amino Acids
- Important Nonessential Amino Acids

This product is packed by weight, not volume. Some settling may have occurred during transportation. Keep out of direct sunlight and store in a cool, dark place.

INGREDIENTS: Protein blend [dairy proteins (whey protein isolate*, milk protein isolate*), GMO-free soy protein isolate], natural and artificial flavors, soy lecithin, salt, acesulfame-K, sucralose,

Calories per gram:

. Ultrafiltered and undenatured; includes micellar casein

Promina™ brand: ultrafiltered and undenatured